

Term Information

Effective Term Summer 2018

General Information

Course Bulletin Listing/Subject Area Psychology
Fiscal Unit/Academic Org Psychology - D0766
College/Academic Group Arts and Sciences
Level/Career Graduate
Course Number/Catalog 7187
Course Title Introduction to Clinical Practice
Transcript Abbreviation Intro Clin Pract
Course Description Overview of important topics relevant to the practice of psychology, with the goal of preparing clinical graduate students for their first practicum experience. Topics include ethics and legal statutes, diversity factors, concepts relevant to supervision and consultation, professional development, and common techniques used in therapy and assessment.
Semester Credit Hours/Units Fixed: 3

Offering Information

Length Of Course 14 Week, 12 Week
Flexibly Scheduled Course Never
Does any section of this course have a distance education component? No
Grading Basis Letter Grade
Repeatable No
Course Components Lecture
Grade Roster Component Lecture
Credit Available by Exam No
Admission Condition Course No
Off Campus Never
Campus of Offering Columbus

Prerequisites and Exclusions

Prerequisites/Corequisites Permission of instructor
Exclusions
Electronically Enforced Yes

Cross-Listings

Cross-Listings

Subject/CIP Code

Subject/CIP Code 42.0101
Subsidy Level Doctoral Course
Intended Rank Masters, Doctoral

Requirement/Elective Designation

Required for this unit's degrees, majors, and/or minors

Course Details

Course goals or learning objectives/outcomes

- Develop skills in psychological assessment and therapy

Content Topic List

- Positive Ethics, Foundations of Ethical Behavior, Ethical Decision Making
- Competence, Multiple Relationships, Boundaries
- Confidentiality, Record Keeping, Reporting Duties
- Ethics in Assessment and Therapy
- Clinical Supervision: Best Practices, Models, Ethics, and Multicultural Issues
- Consultation: Definitions, Roles, and Ethics
- Diversity Factors in Clinical Practice: Overview, Self-reflection
- Diversity Factors in Clinical Practice: Client Perspectives, Case Examples
- General Therapy Skills: Therapeutic Relationship, Reflective Listening
- Structuring CBT Sessions
- Cognitive Strategies
- Behavioral Strategies
- Homework, Treatment Planning, and Problems in Therapy
- Suicide Assessment and Management
- Diagnostic Assessment and Introduction to SCID

Sought Concurrence

Yes

Attachments

- Psych 7187-Intro to Clinical Practice_Syllabus_SU_2018-2.docx: syllabus
(Syllabus. Owner: Paulsen, Alisa Marie)
- Social Work Concurrence.pdf: Social Work concurrence
(Concurrence. Owner: Paulsen, Alisa Marie)

Comments

- See 10/12/17 email to A. Paulsen, J. Opfer, M. Vasey *(by Oldroyd, Shelby Quinn on 10/12/2017 12:52 PM)*

COURSE REQUEST
7187 - Status: PENDING

Last Updated: Haddad,Deborah Moore
10/18/2017

Workflow Information

Status	User(s)	Date/Time	Step
Submitted	Paulsen,Alisa Marie	08/18/2017 02:51 PM	Submitted for Approval
Approved	Vasey,Michael William	08/18/2017 03:08 PM	Unit Approval
Approved	Haddad,Deborah Moore	08/18/2017 05:16 PM	College Approval
Revision Requested	Oldroyd,Shelby Quinn	10/12/2017 12:52 PM	ASCCAO Approval
Submitted	Paulsen,Alisa Marie	10/18/2017 08:13 PM	Submitted for Approval
Approved	Paulsen,Alisa Marie	10/18/2017 08:13 PM	Unit Approval
Approved	Haddad,Deborah Moore	10/18/2017 08:30 PM	College Approval
Pending Approval	Nolen,Dawn Vankeerbergen,Bernadette Chantal Oldroyd,Shelby Quinn Hanlin,Deborah Kay Jenkins,Mary Ellen Bigler	10/18/2017 08:30 PM	ASCCAO Approval

Psychology 7187 – Introduction to Clinical Practice
Summer Semester, 2017

Instructor/Supervisor: Michael Vilensky, Ph.D.

Email: vilensky.1@osu.edu

Phone: 292-9484 (office); 510-219-6166 (cell)

Office: Psychology Building 105A (office hours upon request)

Class Meetings: Tuesdays and Thursdays, 1:30-3pm, PS 198

Pre-requisite: Instructor permission (permission will only be given to graduate students in the clinical psychology Ph.D. program).

Goals:

- Gain an understanding of and ability to apply ethical principles and legal statutes in the practice of clinical psychology
 - o Topics include confidentiality, multiple relationships, informed consent, and reporting obligations
 - o Learn about models for ethical decision making and apply these models to real-life situations
- Gain familiarity with and practice using general therapy skills
 - o Develop skills to enhance rapport building, reflective listening, termination planning
- Learn to apply interventions associated with empirically supported treatments for a range of psychological disorders
 - o Gain facility with common interventions such as cognitive restructuring, behavioral activation, exposure, chain analysis, problem solving, and assertiveness training
- Receive basic training in diagnostic assessment
 - o Learn to administer the SCID-5
 - o Learn DSM-5 diagnostic criteria and apply knowledge to inform differential diagnoses
- Enhance understanding of the role of diversity factors in clinical psychology practice
 - o Gain knowledge of theoretical and empirical findings related to addressing diversity
 - o Begin to consider how therapists' personal/cultural histories impact interactions with patients from diverse backgrounds
- Introduce concepts relevant to professional development for psychological trainees
 - o Learn about professional obligations regarding documentation, manner of interacting with staff/clients, self-awareness
- Introduce concepts relevant to supervision and consultation as a psychologist
 - o Understand models of supervision and supervisory practices
 - o Learn about the role of other disciplines (e.g. psychiatry, social work) in treating patients, and psychology's role in collaborating with other professionals
- Learn how to respond to emergency situations
 - o Suicide assessment, threatening behavior

Assessments, Due Dates, and Grading Scale:

Your understanding of important concepts and demonstration of key skills will be assessed in the following ways:

(1) Ethics Presentations: 25% of final grade

- Students will present information on a topic related to ethics; topics will be assigned during the 1st class meeting. Presentations will be assessed based on quality and comprehensiveness.
- Due dates for presentations are as follows:
 - i. Positive Ethics, Foundations of Ethical Behavior, Ethical Decision Making: 5/16
 - ii. Competence, Multiple Relationships, Boundaries: 5/23
 - iii. Confidentiality, Record Keeping, Reporting Duties: 5/25
 - iv. Ethics in Assessment and Therapy: 5/30
- Presentations are your chance to develop expertise on a particular area of ethics in clinical practice, and share that expertise with the group. As such, presentations should include a summary of important information related to your topic from the textbook, the APA ethics code, and Ohio laws governing the practice of psychology. You can also seek additional information (from other books, journal articles, discussions) as needed. Presentations should include discussion questions and/or relevant activities to help your colleagues understand and apply important concepts. Presentations should be about 45 minutes in length.

(2) Ethics/Supervision/Consultation/Diversity Exam: 15% of final grade

- A multiple-choice exam on topics related to ethics, supervision, consultation, and diversity factors will be given on 6/13.

(3) In-class role plays: 25% of final grade

- Students will demonstrate therapy skills, such as reflective listening, cognitive restructuring, and activity planning, during in-class role plays. The instructor will provide feedback based on these role-plays, assessing for facility with clinical skills.
- In-class role plays will be conducted in class meetings from 6/15 to 7/27

(4) Mock therapy session: 35% of final grade

- At the conclusion of the course, students will conduct and video-record a mock therapy session with a student volunteer in which they will demonstrate relevant clinical skills. The instructor will rate students' performance of relevant clinical skills during this mock therapy session.
- Mock therapy sessions will be conducted during finals week, from 7/31 – 8/2

The following grading scale will be used:

Letter	A	A-	B+	B	B-	C+	C	C-	D+	D	E
Percent	93%	90%	87%	83%	80%	77%	73%	70%	67%	60%	<60%

Course Calendar – SU 2017 (Subject to change)

Date	Topic	Readings	Assignments
5/11	Introduction; syllabus review		
5/16	Positive Ethics, Foundations of Ethical Behavior, Ethical Decision Making	Practical Ethics: Chapters 1, 2, 3 (pgs. 3-48) APA Ethics Code: General Principles, Section 1	Student Presentation #1
5/18	NO CLASS		
5/23	Competence, Multiple Relationships, Boundaries	Practical Ethics: Chapters 4, 5, 6 (pgs. 49-112) APA Ethics Code: Sections 2, 3	Student Presentation #2
5/25	Confidentiality, Record Keeping, Reporting Duties	Practical Ethics: Chapters 7, 8 (pgs. 113-152) APA Ethics Code: Sections 4, 5, 6	Student Presentation #3
5/30	Ethics in Assessment and Therapy	Practical Ethics: Chapters 10, 11 (pgs. 167-198) APA Ethics Code: Sections 9, 10	Student Presentation #4
6/1	Clinical Supervision: Best Practices, Models, Ethics, and Multicultural Issues	Practical Ethics: Chapter 14 (pgs. 231-248) "Clinical Supervision: The State of the Art" "Diversity and Multiculturalism in Supervision"	
6/6	Consultation: Definitions, Roles, and Ethics	Practical Ethics: Chapter 14 (pgs. 231-248)	
6/8	Diversity Factors in Clinical Practice: Overview, Self-reflection	"Multiculturalism in Psychology and Mental Health Services"	
6/13	Diversity Factors in Clinical Practice: Client Perspectives, Case Examples	"Therapist Multicultural Competence: A Meta-Analysis of Client Experiences in Treatment"	Exam on Ethics, Supervision, Consultation, and Diversity Topics
6/15	General Therapy Skills: Therapeutic Relationship, Reflective Listening	Carl Rogers Reader: Chapters 6, 7, 10 (pgs. 77-107; 135-156)	
6/20	General Therapy Skills: Reflective Listening	"Listening: Understanding the Person's Dilemma" (pgs. 48-61)	
6/22	Structuring CBT Sessions	Beck Book: Chapters 1-5, 7, 8 (pgs. 1-79; 100-136)	
6/27	Structuring CBT Sessions	Beck Book: Chapters 1-5, 7, 8 (pgs. 1-79; 100-136)	
6/29	Cognitive Strategies	Beck Book: Chapters 9-14 (pgs. 137-255)	
7/4	NO CLASS – Independence Day		
7/6	Cognitive Strategies	Beck Book: Chapters 9-14 (pgs. 137-255)	
7/11	Cognitive Strategies	Beck Book: Chapters 9-14 (pgs. 137-255)	

7/13	Behavioral Strategies	Beck Book: Chapters 6, 15, 16 (pgs. 80-99; 256-293)	
7/18	Behavioral Strategies	Beck Book: Chapters 6, 15, 16 (pgs. 80-99; 256-293)	
7/20	Homework, Treatment Planning, and Problems in Therapy	Beck Book: Chapters 17-21 (pgs. 294-360)	
7/25	Suicide Assessment and Management	"Recognizing, Assessing, and Responding to Suicidal Risk"	
7/27	Diagnostic Assessment and Introduction to SCID	Relevant sections of DSM 5 Review of SCID Form	
7/31-8/2			Mock therapy sessions

Readings

Beck, J. S. (2011). *Cognitive Behavior Therapy: Basics and Beyond, 2nd edition*. New York: Guilford.

Knapp, Samuel J. & VandeCreek, Leon D. (2012). *Practical Ethics for Psychologists: A Positive Approach* (2nd edition). Washington, DC: American Psychological Association.

- An eBook version is available through the OSU library

American Psychological Association (APA) Ethics Code - available at <http://www.apa.org/ethics/code/>

Laws and Rules Governing the Practice of Psychology in Ohio - available at <http://psychology.ohio.gov/Laws-Rules/Psychology-Law-and-Rules>

Falender, Carol A., & Shafranske, Edward P. (2014). Clinical Supervision: The State of the Art. *Journal of Clinical Psychology, 70*(11), 1030-1041. * Article will be posted on Carmen

Falender, Carol A., Shafranske, Edward P., & Falicov, Celia J. (2014). Diversity and Multiculturalism in Supervision. In *Multiculturalism and Diversity in Clinical Supervision: A Competency-based Approach* (pp. 3-28). Washington, DC: American Psychological Association. * Article will be posted on Carmen

Smith, Timothy B., & Trimble, Joseph E. (2016). Introduction: Multiculturalism in Psychology and Mental Health Services. In *Foundations of multicultural psychology: Research to inform effective practice* (pp. 3-18). Washington, DC: American Psychological Association. * Article will be posted on Carmen

Smith, Timothy B., & Trimble, Joseph E. (2016). Therapist Multicultural Competence: A Meta-Analysis of Client Experiences in Treatment. In *Foundations of multicultural psychology: Research to inform effective practice* (pp. 49-64). Washington, DC: American Psychological Association. * Article will be posted on Carmen

Kirschenbaum, Howard & Henderson, Valerie Land (Ed.) (1989). *The Carl Rogers Reader*. Boston, MA: Houghton Mifflin.

- We will be reading chapters 6, 7, and 10, which will be posted on Carmen (pgs. 77-107; 135-156)

Miller, William R., & Rollnick, Stephen (2013). *Listening: Understanding the Person's Dilemma*. In *Motivational Interviewing: Helping People Change, 2nd edition*. New York: Guilford.

- We will be chapter 5 (pgs. 48-61), which will be posted on Carmen

American Psychiatric Association, (2013). *Diagnostic and Statistical Manual of Mental Disorders, 5th Edition*. Washington, DC: American Psychiatric Association.

- We will be reviewing diagnostic criteria for a variety of disorders
- An electronic version can be found at:
<http://dsm.psychiatryonline.org/doi/book/10.1176/appi.books.9780890425596>

Pope, Kenneth S. & Vasquez, Melba J.T. (2016). *Recognizing, Assessing, & Responding to Suicidal Risk*. Retrieved from <http://www.kspope.com/suicide/#copy> as adapted from *Ethics in Psychotherapy and Counseling: A Practical Guide 5th Edition*.

Important policies to be aware of:

Sexual misconduct/relationship violence:

Title IX makes it clear that violence and harassment based on sex and gender are Civil Rights offenses subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories (e.g., race). If you or someone you know has been sexually harassed or assaulted, you may find the appropriate resources at <http://titleix.osu.edu> or by contacting the Ohio State Title IX Coordinator, Kellie Brennan, at titleix@osu.edu

Academic Misconduct:

It is the responsibility of the Committee on Academic Misconduct to investigate or establish procedures for the investigation of all reported cases of student academic misconduct. The term "academic misconduct" includes all forms of student academic misconduct wherever committed; illustrated by, but not limited to, cases of plagiarism and dishonest practices in connection with examinations. Instructors shall report all instances of alleged academic misconduct to the committee (Faculty Rule 3335-5-487). For additional information, see the [Code of Student Conduct](http://studentconduct.osu.edu) at <http://studentconduct.osu.edu>

Disability Services:

The University strives to make all learning experiences as accessible as possible. If you anticipate or experience academic barriers based on your disability (including mental health, chronic or temporary medical conditions), please let me know immediately so that we can privately discuss options. To establish reasonable accommodations, I may request that you register with Student Life Disability Services. After registration, make arrangements with me as soon as possible to discuss your accommodations so that they may be implemented in a timely fashion. SLDS contact information: slds@osu.edu; 614-292-3307; slds.osu.edu; 098 Baker Hall, 113 W. 12th Avenue.

[Reply](#) [Reply All](#) [Forward](#) [Chat](#)

RE: Concurrence requested for Psych 7187

Davis, Tamara

To: Paulsen, Alisa
Cc: Vasey, Michael; Vilensky, Michael; Gregoire, Tom

Sunday, October 15, 2017 8:33 PM

You replied on 10/17/2017 12:35 PM.

Dear Alisa,

I've reviewed the syllabus and find no conflict with our social work curricula. Please let this email serve as social work's notice of concurrence for the course to move forward.

Thank you for the opportunity to review the proposed course.

Sincerely,
Tamara

Tamara S. Davis, PhD, MSSW
Associate Dean for Academic Affairs and
Graduate Studies Committee Chair
College of Social Work
The Ohio State University
1947 College Road
Columbus, OH 43210
Office: (614) 247-5025

From: Gregoire, Tom
Sent: Sunday, October 15, 2017 11:06 AM
To: Paulsen, Alisa <paulsen.10@osu.edu>
Cc: Vasey, Michael <vasey.1@osu.edu>; Vilensky, Michael <vilensky.1@osu.edu>; Davis, Tamara <davis.2304@osu.edu>
Subject: Re: Concurrence requested for Psych 7187

Dear Alisa
I've passed this on the Tamara Davis our Associate Dean for Academic Programs. We'll get back to you shortly.
Take care,
Tom

From: "Paulsen, Alisa" <paulsen.10@osu.edu>
Date: Friday, October 13, 2017 at 1:24 PM
To: Tom Gregoire <gregoire.5@osu.edu>
Cc: "Vasey, Michael" <vasey.1@osu.edu>, "Vilensky, Michael" <vilensky.1@osu.edu>
Subject: Concurrence requested for Psych 7187